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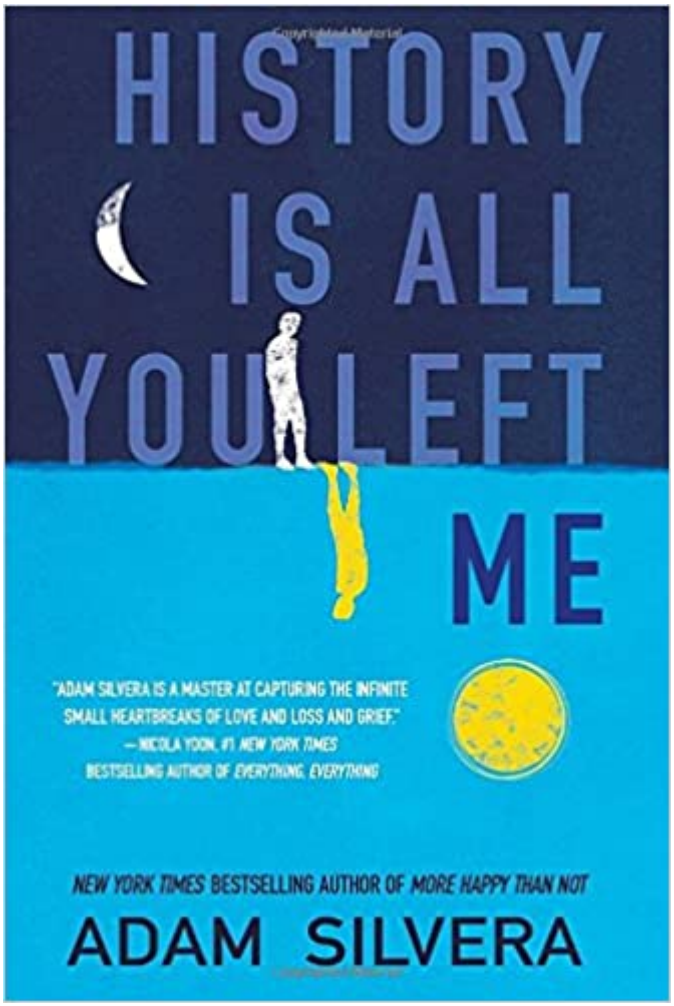
History Is All You Left Me



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Synopsis

"This book will make you cry, think, and then cry some more."Ã Â Ã¢â ¬â •Nicola Yoon, #1 New York Times bestselling author ofÃ Â Everything, EverythingÃ Â From the New York Times bestselling author of More Happy Than Not comes an explosive examination of grief, mental illness, and the devastating consequences of refusing to let go of the past. When GriffinÃ¢â ¬â„¢s first love and ex-boyfriend, Theo, dies in a drowning accident, his universe implodes. Even though Theo had moved to California for college and started seeing Jackson, Griffin never doubted Theo would come back to him when the time was right. But now, the future heÃ¢â ¬â„¢s been imagining for himself has gone far off course.To make things worse, the only person who truly understands his heartache is Jackson. But no matter how much they open up to each other, GriffinÃ¢â ¬â„¢s downward spiral continues. HeÃ¢â ¬â„¢s losing himself in his obsessive compulsions and destructive choices, and the secrets heÃ¢â ¬â„¢s been keeping are tearing him apart.If Griffin is ever to rebuild his future, he must first confront his history, every last heartbreaking piece in the puzzle of his life.

Book Information

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Customer Reviews

Gr 10 UpÃ¢â ¬â •No one understands what Griffin is going through after Theo, his ex and the love of his life, dies. No one, perhaps, except Theo’s new boyfriend, Jackson. In a narrative that alternates between past and present, Silvera offers a gem of a story about first love and great loss. Griffin’s voice is strong and affecting, and as readers come to know Theo’s history and the depth of Griffin’s love, the loss becomes more and more poignant. Griffin has obsessive-compulsive disorder, and while his illness is a sensitively portrayed and central part of his life, it is not the

defining theme of the novel: his grief and loss are the focus. Griffin's transformation as he moves from resentment and rage at Jackson to compassion and connection is profound to witness. But perhaps most memorable is the protagonist's slow, dawning realization of Theo's deep imperfections. It is so easy to idolize a first love, and even easier to idolize someone who has died. Griffin's gradual awareness of Theo's flaws is the true heart of this standout title. VERDICT With a cast of beautifully realized characters, a powerful narrative voice, and genuine portrayals of complex teen situations, this work is a must-have.Ã¢â ¬â •L. Lee Butler, Hart Middle School, Washington, DC

Praise for History Is All You Left MeAn Entertainment Weekly Most Anticipated YAA PASTE Magazine Most Anticipated YAA Bustle.com Most Anticipated YAA PopCrush Most Anticipated YAA Kirkus Reviews Most Anticipated YA"Adam Silvera is a master at capturing the infinite small heartbreaks of love and loss and grief.Ã Â History Is All You Left MeÃ Â is a beautiful meditation on what it means to survive devastating loss. This book will make you cry, think, and then cry some more." Ã¢â ¬â •Nicola Yoon, #1 New York Times bestselling author ofÃ Â Everything, Everything "Adam Silvera knows how to break heartsÃ¢â ¬â •at least those belonging to readers of his books . . . History Is All You Left Me, hits even closer to home [than his debut,Ã Â More Happy Than Not]." Ã¢â ¬â •EntertainmentWeekly.com"A complex, touching valentine to love and friendship . . . [Silvera] gets the small details of love and loss exactly right. These moments are framed in exquisite prose . . . In this emotionally charged story, GriffinÃ¢â ¬â„¢s desire to be honest with himself and others leads the reader to a greater understanding of how it feels to have a conflicted heart." Ã¢â ¬â •The Washington Post"Through Griffin, Silvera presents an eloquent, in-depth examination of 'whatever comes next,' of the ways in which the grieving process both isolates people and draws them together."Ã¢â ¬â •Chicago Tribune"History Is All You Left Me overflows with tenderness and heartache. Even when its hero is screwing up royally, maybe especially then, Silvera's humanity and compassion carve out a space where it's not the falling that's important, it's how you pick yourself back up. There isn't a teenager alive who won't find their heart described perfectly on these pages."Ã Â Ã¢â ¬â •Patrick Ness, New York Times bestselling author ofÃ Â The Rest of Us Just Live HereÃ Â andÃ Â A Monster Calls"Sweetly devastating, passionately honest, and breathtakingly human. Only Adam Silvera could have written this story." Ã¢â ¬â •Becky Albertalli, National Book Award nominee and award-winning author of Simon vs. the Homo Sapiens Agenda"The YA world has been taken by storm by Adam Silvera."Ã¢â ¬â •The Writer"If you think SilveraÃ¢â ¬â„¢s debut novelÃ Â More Happy Than NotÃ Â was good, then youÃ¢â ¬â„¢re about

to be blown away whenÃ Â History Is All You Left MeÃ Â hits shelves . . . This novel does more than just bring light to the LGBTQ community, it helps bring mental health awareness into a world that desperately needs it." Ã¢â ¬â •Hypable.com"SilveraÃ¢â ¬â„¢s wrenching sophomore effort . . . is not for the faint of heart . . . A love story for the ages."Ã Â Ã¢â ¬â •Barnes and Noble Teen Blog"Silvera delivers another twisty novel about self-exploration, adolescent relationships and the bond between first loves.Ã Â History Is All You Left MeÃ Â is a tale for todayÃ¢â ¬â„¢s youthÃ¢â ¬â •one that embraces the essence of time and love."Ã¢â ¬â •Bookpage"Silvera packs a powerful emotional punch in this multilayered story told partly in flashbacks by Griffin, who's mourning the sudden death of his best friend and first love . . . The conversational yet profound tone of the book highlights the author's ear for the musicality of language and his ability to convey deep emotion through attention to its cadence and flow. A novel to savor long after it ends." Ã¢â ¬â •Kirkus Reviews, Starred Review"Though GriffinÃ¢â ¬â„¢s vision is clouded by grief, passion, and guilt, readers will have no trouble understanding how unmoored Griffin has become: Silvera excels at capturing the confusion and pain he feels . . . Griffin has much to puzzle out as he tries to move forward, but he does so with the reassurance that real love exists."Ã¢â ¬â •Publishers Weekly, Starred Review"SilveraÃ¢â ¬â„¢s splendid sophomore novel is filled with tantalizing questions about lies and honesty, love and loss, and past and present . . . Beautifully realized, character-driven work of literary fiction . . . In those questions, they will find an unsparing honesty that brings closure to the novel and to GriffinÃ¢â ¬â„¢s quest to let go of the past and embrace the future." Ã¢â ¬â •Booklist, Starred Review"Silvera offers a gem of a story about first love and great loss . . . Profound . . . It is so easy to idolize a first love, and even easier to idolize someone who has died. GriffinÃ¢â ¬â„¢s gradual awareness of TheoÃ¢â ¬â„¢s flaws is the true heart of this standout title." Ã¢â ¬â •School Library Journal, Starred ReviewÃ¢â ¬Å“History Is All You Left Me is a moving portrayal of two teens grieving over the same lost love. Adam SilveraÃ¢â ¬â„¢s characters grab your heart and do not let go. This beautifully sad book will captivate teen readers.Ã¢â ¬Â• Ã¢â ¬â •Angela Frederick, librarian, YALSA member, and 2015 Printz Committee memberÃ¢â ¬Å“Masterful . . . Griffin, Theo, Jackson, and Wade will stay with teen readers for a long time because they are so achingly real. YA readers need these characters and all of their edges, their mistakes, their losses and, yes, their joy. This is a complicated, nuanced, elegantly crafted work. ItÃ¢â ¬â„¢s a book thatÃ¢â ¬â„¢s going be a lifeline for teens, an out-stretched hand that assures them they are not alone and their story will go on. This is a book beyond compare.Ã¢â ¬Â• Ã¢â ¬â •Angie Manfredi, Head of Youth Services for the Los Alamos County Library System and 2016Ã¢â ¬â œ2017 Stonewall Book Award Committee member "Adam Silvera

is wrenchingly good at writing about grief . . .History Is All You Left MeÃ Â quietly shows how dealing with loss will help Griffin see himself and his world more clearly. It’s a painful coming of age, but a beautifully written and very satisfying one."Ã Â Ã¢â ¬â •ShelfAwareness, Starred Review"SilveraÃ¢â ¬â„¢s prose is raw and lyrical, a good fit for GriffinÃ¢â ¬â„¢s intensity, and the minutiae of both romance and grief are closely observed and deeply felt . . . Griffin himself is an indelible character who will linger in readersÃ¢â ¬â„¢ sympathies after the last page isturned." Ã¢â ¬â •The Horn Book Magazine"Silvera finds a depth in GriffinÃ¢â ¬â„¢s story that is remarkable . . . One of the best young authors dealing with issues like sexuality, depression, mental health, and the complex and often confusing relationship rules of Millennials and younger generations. He may be categorized as YA, but Silvera is a writer well worth reading no matter your age."Ã Â Ã¢â ¬â •About.com"Grief is strong and realistically portrayed in this tale of relationships and love." Ã¢â ¬â •School Library ConnectionÃ¢â ¬Å“SilveraÃ¢â ¬â„¢s singularly authentic voice is back in force in his second novel. Like The Fault in Our Stars, here is a book that explores grief and vulnerability with honesty, without talking down to the reader. The nuanced, complex characters nearly walk off the page, and the compulsively readable story and artfully chosen details make this a book worth getting lost in!Ã¢â ¬Â•Ã Â Ã¢â ¬â •Shay McClean, ChildrenÃ¢â ¬â„¢s Buyer at Third Street BooksÃ¢â ¬Å“In this authentic and charged sophomore novel, Silvera presents a narrator whose grief is nearly tangible. As Griffin revisits his path with TheoÃ¢â ¬â •best friend, ex-boyfriend, and love of his lifeÃ¢â ¬â •he discovers that their history is much more than a neat and tidy linear line. Once again, Silvera gifts readers with an emotional wrecking ball of a novel, leaving them stronger for the experience.Ã¢â ¬Â•Ã¢â ¬â •Sara Grochowski, ChildrenÃ¢â ¬â„¢s/YA Buyer at Brilliant BooksPraise for More Happy Than NotÃ¢â ¬Å“Silvera managed to leave me smiling after totally breaking my heart. Unforgettable.Ã¢â ¬Â•Ã¢â ¬â •Becky Albertalli, National Book Award nominee and author of Simon vs. The Homo Sapiens AgendaÃ¢â ¬Å“A one-of-a-kind voice and a genius idea . . . A mesmerizing, unforgettable tour de force.Ã¢â ¬Â•Ã¢â ¬â •John Corey Whaley, National Book Award finalist and author of Where Things Come Back and NogginÃ¢â ¬Å“The honesty of his words and his ability to tell a story make you realize that weÃ¢â ¬â„¢ve been waiting for him.Ã¢â ¬Â•Ã¢â ¬â •Holly Goldberg Sloan, author of Counting by 7s and IÃ¢â ¬â„¢ll Be ThereÃ¢â ¬Å“Silvera pulls his punches with an energy, daring, and intensity that left me spellboundÃ¢â ¬â •and reminded me why I love to read.Ã¢â ¬Â•Ã¢â ¬â •Adele Griffin, author of The Unfinished Life of Addison StoneÃ¢â ¬Å“His writing crackles with challenging questions, searing and timely.Ã¢â ¬Â•Ã¢â ¬â •Aaron Hartzler, author of Rapture PracticeÃ¢â ¬Å“Beautiful . . . With a precision that feels at once dreamy and casually reportorial . . .Mandatory

reading.Ã¢â ¬Â•Ã¢â ¬â •The New York Times Book Review"Poignant . . . So engrossing that once you start it, you won't be able to put it down. Don't say we didn't warn you."Ã¢â ¬â •TeenVogue.com"Heartfelt . . . The futuristic twist, with its poignant repercussions, drives home a memorable, thoroughly contemporary theme: who you are inside is not something that can or should be erased . . . Lose your memories, lose your pain, lose yourself."Ã¢â ¬â •Chicago Tribune"A gut-wrenching story telling of race and sexuality."Ã¢â ¬â •The Guardian"[An] important addition to speculative fiction for young adults . . . Silvera's tale combines the best features of science fiction with social justice in this engaging read, as Aaron finds a place where he belongs."Ã¢â ¬â •Los Angeles Times "This is definitely at the top of my YA list. ThereÃ¢â ¬â„¢s a realness to its main character, Aaron Soto, and his struggle to be who he really is. It confronts race and sexuality in a way I havenÃ¢â ¬â„¢t seen in the genre before."Ã¢â ¬â •Latina MagazineÃ¢â ¬Å“A fresh spin on . . . a teen experiencing firstsÃ¢â ¬â •first love, first sex, first lossÃ¢â ¬â •and struggling with his identity and sexuality . . . Ingenious.Ã¢â ¬Â•Ã¢â ¬â •Booklist, Starred ReviewÃ¢â ¬Å“An honest depiction of the pains of navigating the teen years . . . A multifaceted look at some of the more unsettling aspects of human relationships. A brilliantly conceived page-turner.Ã¢â ¬Â•Ã¢â ¬â •Kirkus Reviews, Starred ReviewÃ¢â ¬Å“Vividly written and intricately plotted . . . Silvera pulls no punches.Ã¢â ¬Â•Ã¢â ¬â •Publishers Weekly, Starred ReviewÃ¢â ¬Å“A gripping readÃ¢â ¬â •Silvera skillfully weaves together many divergent young adult themes within an engrossing, intense narrative.Ã¢â ¬Â•Ã¢â ¬â •School Library Journal, Starred Review

Oh my gosh this book made me cry my eyes out. I loved it and I cried. So, it has a P.S. I Love You feel, more so the movie than the book. It is about a 17 year old boy named Griffin who is a senior year in high school who just lost his ex boyfriend and the love of his life. Theo was his first boyfriend and meant everything to Griffin, but they had broken up and Theo was living in California going to college and had even met someone new, Jackson, who is now the only person who really understands Griffin. The story is between the times with flashbacks to Griffin and Theo's relationship from the beginning to the end, with Griffin dealing with grief telling the story. I loved that Griffin wasn't perfect. He was actually very flawed in his OCD, emotional instability, and refusal to open up to anyone. I can't imagine what going through that kind of lose would cause but OCD is very real and so many people just use it as a punch line. This felt more real and I know from the author it is real. He has talked about dealing with these obsessions himself, and I have real empathy for that. I had a complaint with Silvera's last book that it crapped on LGBTQ+ people, I know in real life

prejudice is a hard thing to deal with and I am not gay but I didn’t like reading it. I don’t know if I am allowed to have that opinion but whatever. This one though I loved so much because they got to have a good relationship without insane amount of hate. The parents cared and treated them good, the friends were accepting, I enjoyed not having to read pages of hating for LGBTQ+ people. This is an emotional story. It is about loss, like death loss and that isn’t something easy to go through, ever. It was heartbreaking, and sometimes just plain hard to read. It is also one of the best books I have gotten to read though.

Oh Adam Silvera how come you like to break my heart so much?Silvera is such an amazing storyteller and it shines through in this story. Yes, as mentioned above, this story is heartbreaking, but itÃƒÂ¢Ã â ¬Ã â„¢s also so beautifully hopeful by the time you get to that last page. His portrayal of grieving for a loved one makes this incredibly emotional and you canÃƒÂ¢Ã â ¬Ã â„¢t help but feel for Griffin and the things heÃƒÂ¢Ã â ¬Ã â„¢s trying to sort out in his head.The story itself is told non-linearly and itÃƒÂ¢Ã â ¬Ã â„¢s done so, so well. The present pieces weave seamlessly into the past pieces and you will have feelings about everyone and everything as you turn the pages.History Is All You Left Me is truly about so much more than dealing with loss thoughÃƒÂ¢Ã â ¬Ã Â| itÃƒÂ¢Ã â ¬Ã â„¢s about coming to terms with your life not ultimately being what you thought it would be, losing your best friend, dealing with your inner demons and taking control of your life and Silvera explores these in such an incredible way.I think what I loved most about this though, is that AdamÃƒÂ¢Ã â ¬Ã â„¢s characters are so realÃƒÂ¢Ã â ¬Ã Â| like, no holds barred, you get the good, the bad, and the ugly and he doesnÃƒÂ¢Ã â ¬Ã â„¢t sugar coat much of anything. Griffin at times will frustrate you, and sadden you, but above all youÃƒÂ¢Ã â ¬Ã â„¢ll want good things for him and youÃƒÂ¢Ã â ¬Ã â„¢ll want him to figure out what he really needs, not what he thinks he needs. IÃƒÂ¢Ã â ¬Ã â„¢m going to be honest here and tell you that I had really strong feelings about both Theo and Jackson while I read this, and my heart broke repeatedly for what Griffin was forced to face.Ugh ÃƒÂ¢Ã â ¬Ã â œ I feel like IÃƒÂ¢Ã â ¬Ã â„¢m selling this as a hugely depressing book, but it truly isnÃƒÂ¢Ã â ¬Ã â„¢tÃƒÂ¢Ã â ¬Ã Â| Adam is amazing at finding the humor in things that you might not expect there to be any. He manages to yes, break your heart into pieces, but he also manages to piece you back together with laughter like no other.If youÃƒÂ¢Ã â ¬Ã â„¢re looking for an amazing coming-of-age story with characters and a story that will resonate with you, then look no further. History Is All You Left Me will be shelved among my all-time favorite books and you definitely will want to grab this asap.

Every emotion on the planet, I felt it while reading. IÃƒÂ¢Ã â ¬Ã â„¢m actually struggling to write this review because I donÃƒÂ¢Ã â ¬Ã â„¢t know how to put my feelings into physical words. IÃƒÂ¢Ã â ¬Ã â„¢ve been thinking about how to give this book a worthy review for almost 2 months now. So here it goes.This book will destroy you in the most magical ways possible. GriffinÃƒÂ¢Ã â ¬Ã â„¢s journey through love, loss, OCD, growing up, moving on, and just life itself is an emotional roller coaster that you are going to want to get in line for. Everyone can easily find something to relate to in this book, even if itÃƒÂ¢Ã â ¬Ã â„¢s just the fact that life is messy. The best part about a Silvera novel is that nothing is covered in sprinkles and life hits these characters hard just like it can in the real world. Also the dialogue, man I love the dialogue. I remember the first time I fell in love with dialogue over plot, and that was with the film Juno. This book took me back to that. Although in both cases I loved the plot as well, but the lines that come out of the characters mouth just mesmerize me.My favorite part about HIAYLM is that the characters are just humans being humans. TheyÃƒÂ¢Ã â ¬Ã â„¢re faced with real world problems, you know, the kind that can be awesome but are mostly either meh or awful. They donÃƒÂ¢Ã â ¬Ã â„¢t always handle their situations in the best of ways, but when do we ever? I guess my point is that this book is just plain real.5/5 stars but really this book gets all the stars! I know I have more thoughts, I really do. This was the first book I let myself annotate, and I wrote down and highlighted a lot of things. I love it so so much, and I look forward to re-reading it soon.

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